



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Pfotenhauer, Franziska

Club: Train hard with a Smile
Number: 362

Course: 9.60 km
Sprint

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:49:12

Speed: 4.95 km/h
Running performance: 11:22 min/km

Rank in course/Total: 543 (of 550)
Rank in course/Women: 169 (of 174)

Best time in course: 53:53

Rank in category: 33(of 34)
Best time in the category: 1:01:43