



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Kohl, Matthias

Club: Die absoluten Beginner
Number: 1254

Course: 17.60 km
Expert

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:17:43

Speed: 7.67 km/h
Running performance: 7:49 min/km

Rank in course/Total: 366 (of 528)

Rank in course/Men: 332 (of 449)

Best time in course: 1:17:47

Rank in category: 44(of 55)

Best time in the category: 1:23:41