



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Lennartz, Daniel

Club: Laufgruppe USH 2./FA/UA-Btl 1
Number: 1322

Course: 17.60 km

Expert

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:14:43

Speed: 7.84 km/h

Running performance: 7:39 min/km

Rank in course/Total: 338 (of 528)

Rank in course/Men: 309 (of 449)

Best time in course: 1:17:47

Rank in category: 62(of 97)

Best time in the category: 1:19:26