



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Kley, Steffen

Club: 6UnStopRunners
Number: 1467

Course: 17.60 km
Expert

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:13:29

Speed: 7.64 km/h
Running performance: 7:35 min/km

Rank in course/Total: 328 (of 528)

Rank in course/Men: 302 (of 449)

Best time in course: 1:17:47

Rank in category: 34(of 48)

Best time in the category: 1:32:16