



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Wienhold, Jason

Club: Rudolstadt  
Number: 1083

Course: 17.60 km  
Expert

Category:  
Männer (20-29 Jahre)

Total time: 1:30:08

Speed: 11.32 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 15 (of 528)

Rank in course/Men: 15 (of 449)

Best time in course: 1:17:47

Rank in category: 7(of 108)

Best time in the category: 1:17:47