



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Ruscher, Philipp**

Club: Leipzig  
Number: 1526

Course: 17.60 km  
Expert

Category:  
Männer (20-29 Jahre)

Total time: 2:15:16

Speed: 7.81 km/h  
Running performance: 7:41 min/km

Rank in course/Total: 345 (of 528)

Rank in course/Men: 316 (of 449)

Best time in course: 1:17:47

Rank in category: 77(of 108)

Best time in the category: 1:17:47