



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Ballhausen, Matthias

Club: HELBING

Number: 1405

Course: 17.60 km

Expert

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:13:26

Speed: 7.91 km/h

Running performance: 7:35 min/km

Rank in course/Total: 325 (of 528)

Rank in course/Men: 299 (of 449)

Best time in course: 1:17:47

Rank in category: 19(of 28)

Best time in the category: 1:24:41