



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Spittel, Martin**

Club: Gotha  
Number: 1542

Course: 17.60 km  
Expert

Category:  
Männer (20-29 Jahre)

Total time: 2:13:28

Speed: 7.64 km/h  
Running performance: 7:35 min/km

Rank in course/Total: 327 (of 528)

Rank in course/Men: 301 (of 449)

Best time in course: 1:17:47

Rank in category: 73(of 108)

Best time in the category: 1:17:47