



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Runge, Anja

Club: Erfurt  
Number: 1260

Course: 17.60 km  
Expert

Category:  
Frauen (20-29 Jahre)

Total time: 2:20:33

Speed: 7.26 km/h  
Running performance: 7:59 min/km

Rank in course/Total: 383 (of 528)

Rank in course/Women: 37 (of 79)

Best time in course: 1:35:01

Rank in category: 9(of 14)

Best time in the category: 1:40:38