



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Mothes, Matthias

Club: Kindelbrück
Number: 1299

Course: 17.60 km
Expert

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:20:04

Speed: 7.28 km/h
Running performance: 7:58 min/km

Rank in course/Total: 380 (of 528)

Rank in course/Men: 344 (of 449)

Best time in course: 1:17:47

Rank in category: 36(of 48)

Best time in the category: 1:32:16