



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Lange, André

Club: untalentiert und erfolglos
Number: 1235

Course: 17.60 km

Expert

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:18:06

Speed: 7.39 km/h

Running performance: 7:51 min/km

Rank in course/Total: 371 (of 528)

Rank in course/Men: 336 (of 449)

Best time in course: 1:17:47

Rank in category: 69(of 97)

Best time in the category: 1:19:26