



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Frank, Sascha

Club: Dreieich
Number: 1546

Course: 17.60 km
Expert

Category:
Männer (20-29 Jahre)

Total time: 2:21:09

Speed: 7.23 km/h
Running performance: 8:01 min/km

Rank in course/Total: 390 (of 528)

Rank in course/Men: 351 (of 449)

Best time in course: 1:17:47

Rank in category: 86(of 108)

Best time in the category: 1:17:47