



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Plep, Matthias

Club: CBC Sachsen
Number: 1330

Course: 17.60 km
Expert

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:21:21

Speed: 7.22 km/h
Running performance: 8:02 min/km

Rank in course/Total: 396 (of 528)

Rank in course/Men: 353 (of 449)

Best time in course: 1:17:47

Rank in category: 37(of 48)

Best time in the category: 1:32:16