



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Eichholz, Erik

Club: Nuklear Crew
Number: 1197

Course: 17.60 km
Expert

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:28:41

Speed: 7.10 km/h
Running performance: 8:27 min/km

Rank in course/Total: 439 (of 528)

Rank in course/Men: 385 (of 449)

Best time in course: 1:17:47

Rank in category: 39(of 48)

Best time in the category: 1:32:16