



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Schrecke, Maik

Club: Laufgruppe USH 2./FA/UA-Btl 1
Number: 1325

Course: 17.60 km

Expert

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:25:04

Speed: 7.03 km/h

Running performance: 8:14 min/km

Rank in course/Total: 415 (of 528)

Rank in course/Men: 367 (of 449)

Best time in course: 1:17:47

Rank in category: 47(of 55)

Best time in the category: 1:23:41