



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Dold, Michael

Number: 1608

Course: 17.60 km

Expert

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:28:12

Speed: 7.13 km/h

Running performance: 8:25 min/km

Rank in course/Total: 437 (of 528)

Rank in course/Men: 382 (of 449)

Best time in course: 1:17:47

Rank in category: 89(of 101)

Best time in the category: 1:23:03