



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Krusche, Thomas

Club: Die Lungenlobbyisten  
Number: 1412

Course: 17.60 km  
Expert

Category:  
Männer (20-29 Jahre)

Total time: 2:25:04

Speed: 7.28 km/h  
Running performance: 8:14 min/km

Rank in course/Total: 416 (of 528)

Rank in course/Men: 367 (of 449)

Best time in course: 1:17:47

Rank in category: 89(of 108)

Best time in the category: 1:17:47