



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Knoblauch, Carla

Club: Taucha
Number: 514

Course: 9.60 km
Sprint

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:02:43

Speed: 9.18 km/h
Running performance: 6:32 min/km

Rank in course/Total: 85 (of 550)

Rank in course/Women: 5 (of 174)

Best time in course: 53:53

Rank in category: 1(of 20)

Best time in the category: 1:02:43