



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Seeber, Christian**

Club: Schlammrutscher  
Number: 1366

Course: 17.60 km

Expert

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:33:20

Speed: 6.89 km/h

Running performance: 8:43 min/km

Rank in course/Total: 469 (of 528)

Rank in course/Men: 407 (of 449)

Best time in course: 1:17:47

Rank in category: 89(of 97)

Best time in the category: 1:19:26