



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Gloede, Martina

Club: OCR Mittelbe
Number: 1086

Course: 17.60 km

Expert

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:34:31

Speed: 6.60 km/h

Running performance: 8:47 min/km

Rank in course/Total: 473 (of 528)

Rank in course/Women: 63 (of 79)

Best time in course: 1:35:01

Rank in category: 19(of 22)

Best time in the category: 1:35:01