



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Kraft, Mia

Total time: 45:04

Club: TSV Rüthen

Number: 22

Course: 6.24 km

Rank in course/Total: 10 (of 30)

Kindertriathlon (0,04-6,00-0,20)

Rank in course/Women: 5 (of 18)

Best time in course: 31:25

Category:

Rank in category: 2(of 6)

weibliche Schüler A (12+13 Jahre)

Best time in the category: 44:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.04	2:13	55:25	5	0:36	10	0:36	0.04	2:13	55:25	5	0:36	10	0:36
Wechsel S -> R	-	2:27	-	2	0:07	4	0:07	0.04	4:40	116:40	5	0:29	7	0:29
Schwimmen Total	0.04	4:40	116:40	5	0:29	7	0:29	0.04	4:40	116:40	5	0:29	7	0:29
Rad netto	6.00	37:10	6:11	1	-	5	12:56	6.04	41:50	6:55	2	0:28	5	13:22
Wechsel R -> L	-	1:35	-	6	0:23	10	0:23	6.04	43:25	7:11	2	0:51	5	12:05
Rad Total	6.00	38:45	6:27	2	0:22	5	11:39	6.04	43:25	7:11	2	0:51	5	12:05
Lauf	0.20	1:39	8:14	3	0:11	8	1:34	6.24	45:04	7:13	2	1:02	5	13:39