



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Falkenthal-Schoppmeier, Barbara

Total time: 1:33:58

Club: Trifun Hennesee

Number: 103

Course: 25.70 km

Rank in course/Total: 57 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 10 (of 26)

Best time in course: 1:24:45

Category:

Rank in category: 1(of 3)

AK4 weiblich (35-39 Jahre)

Best time in the category: 1:33:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women
								km	Time	min/km	Pos	Behind	Pos				
Schwimmen nett	0.70	19:20	27:37	3	1:21	18	5:55	0.70	19:20	27:37	3	1:21	18	5:55			
Wechsel S -> R	-	3:25	-	2	0:51	13	1:16	0.70	22:45	32:30	2	1:06	18	6:18			
Schwimmen Total	0.70	22:45	32:30	2	1:06	18	6:18	0.70	22:45	32:30	2	1:06	18	6:18			
Rad netto	20.00	45:03	2:15	1	-	8	1:30	20.70	1:07:48	3:16	1	-	11	7:35			
Wechsel R -> L	-	1:21	-	1	-	1	-	20.70	1:09:09	3:20	1	-	10	7:30			
Rad Total	20.00	46:24	2:19	1	-	7	1:12	20.70	1:09:09	3:20	1	-	10	7:30			
Lauf	5.00	24:49	4:57	1	-	10	4:07	25.70	1:33:58	3:39	1	-	10	9:13			