



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Picker, Tanja

Total time: 1:32:12

Club: DLC Aachen

Number: 172

Course: 25.70 km

Rank in course/Total: 50 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 8 (of 26)

Best time in course: 1:24:45

Category:

Rank in category: 1(of 5)

Seniorinnen 2 (45-49 Jahre)

Best time in the category: 1:32:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	13:55	19:52	1	-	2	0:30	0.70	13:55	19:52	1	-	2	0:30
Wechsel S -> R	-	3:54	-	2	0:57	19	1:45	0.70	17:49	25:27	1	-	4	1:22
Schwimmen Total	0.70	17:49	25:27	1	-	4	1:22	0.70	17:49	25:27	1	-	4	1:22
Rad netto	20.00	43:51	2:11	1	-	4	0:18	20.70	1:01:40	2:58	1	-	3	1:27
Wechsel R -> L	-	2:18	-	4	0:29	19	0:57	20.70	1:03:58	3:05	1	-	3	2:19
Rad Total	20.00	46:09	2:18	1	-	5	0:57	20.70	1:03:58	3:05	1	-	3	2:19
Lauf	5.00	28:14	5:38	2	2:21	19	7:32	25.70	1:32:12	3:35	1	-	8	7:27