



# 9. ITH Hennesee Triathlon

Meschede / 18.06.2016

## Detailed evaluation

**Wortmann, Helena**

**Total time: 1:37:32**

Club: Trichicks

Number: 196

Course: 25.70 km

Rank in course/Total: 71 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 14 (of 26)

Best time in course: 1:24:45

Category:

Rank in category: 2(of 3)

AK2 weiblich (25-29 Jahre)

Best time in the category: 1:28:08

### Intermediate times

### Stage score

### Total ranking

| Control         | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total | Total   | Total  | Pos  | Behind | Pos   | Behind |
|-----------------|----------|------------|--------------|----------|-------------|-----------|--------------|-------|---------|--------|------|--------|-------|--------|
|                 |          |            |              |          |             |           |              | km    | Time    | min/km | Cat. | Cat.   | Women | Women  |
| Schwimmen nett  | 0.70     | 18:21      | 26:12        | 2        | 2:24        | 16        | 4:56         | 0.70  | 18:21   | 26:12  | 2    | 2:24   | 16    | 4:56   |
| Wechsel S -> R  | -        | 2:27       | -            | 1        | -           | 2         | 0:18         | 0.70  | 20:48   | 29:42  | 2    | 2:10   | 14    | 4:21   |
| Schwimmen Total | 0.70     | 20:48      | 29:42        | 2        | 2:10        | 14        | 4:21         | 0.70  | 20:48   | 29:42  | 2    | 2:10   | 14    | 4:21   |
| Rad netto       | 20.00    | 48:09      | 2:24         | 2        | 4:10        | 16        | 4:36         | 20.70 | 1:08:57 | 3:19   | 2    | 6:20   | 14    | 8:44   |
| Wechsel R -> L  | -        | 2:07       | -            | 2        | 0:14        | 13        | 0:46         | 20.70 | 1:11:04 | 3:25   | 2    | 6:34   | 14    | 9:25   |
| Rad Total       | 20.00    | 50:16      | 2:30         | 2        | 4:24        | 13        | 5:04         | 20.70 | 1:11:04 | 3:25   | 2    | 6:34   | 14    | 9:25   |
| Lauf            | 5.00     | 26:28      | 5:17         | 2        | 2:50        | 15        | 5:46         | 25.70 | 1:37:32 | 3:47   | 2    | 9:24   | 14    | 12:47  |