



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Bolzenius, Steffen

Total time: 1:43:40

Club: Tornado Eversberg

Number: 177

Course: 25.70 km

Rank in course/Total: 87 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 68 (of 83)

Best time in course: 1:09:12

Category:

Rank in category: 8(of 9)

AK2 männlich (25-29 Jahre)

Best time in the category: 1:12:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	20:57	29:55	9	10:20	75	10:20	0.70	20:57	29:55	9	10:20	76	20:57
Wechsel S -> R	-	5:25	-	8	3:42	70	3:42	0.70	26:22	37:40	9	13:42	79	26:22
Schwimmen Total	0.70	26:22	37:40	9	13:42	79	26:22	0.70	26:22	37:40	9	13:42	79	26:22
Rad netto	20.00	47:15	2:21	7	9:49	58	13:17	20.70	1:13:37	3:33	8	23:31	71	24:24
Wechsel R -> L	-	2:07	-	8	0:46	47	1:06	20.70	1:15:44	3:39	8	24:16	70	25:14
Rad Total	20.00	49:22	2:28	8	10:34	58	14:07	20.70	1:15:44	3:39	8	24:16	70	25:14
Lauf	5.00	27:56	5:35	8	7:48	69	10:26	25.70	1:43:40	4:02	8	31:05	68	34:28