



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Schmiedel, Christiane

Total time: 1:47:46

Club: Triathlon Mülheim

Number: 174

Course: 25.70 km

Rank in course/Total: 91 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 21 (of 26)

Best time in course: 1:24:45

Category:

Rank in category: 6(of 6)

Seniorinnen 3 (50-54 Jahre)

Best time in the category: 1:27:36

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	21:01	30:01	6	4:57	24	7:36	0.70	21:01	30:01	6	4:57	24	7:36
Wechsel S -> R	-	3:29	-	4	0:53	15	1:20	0.70	24:30	35:00	6	5:07	23	8:03
Schwimmen Total	0.70	24:30	35:00	6	5:07	23	8:03	0.70	24:30	35:00	6	5:07	23	8:03
Rad netto	20.00	55:34	2:46	6	11:21	25	12:01	20.70	1:20:04	3:52	6	15:58	24	19:51
Wechsel R -> L	-	2:04	-	2	0:26	12	0:43	20.70	1:22:08	3:58	6	15:14	24	20:29
Rad Total	20.00	57:38	2:52	6	11:23	25	12:26	20.70	1:22:08	3:58	6	15:14	24	20:29
Lauf	5.00	25:38	5:07	3	4:56	12	4:56	25.70	1:47:46	4:11	6	20:10	21	23:01