



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Martini, Gesa

Total time: 1:48:01

Club: Meschede

Number: 178

Course: 25.70 km

Rank in course/Total: 92 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 22 (of 26)

Best time in course: 1:24:45

Category:

Rank in category: 3(of 3)

AK4 weiblich (35-39 Jahre)

Best time in the category: 1:33:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.70	17:59	25:41	1	-	14	4:34	0.70	17:59	25:41	1	-	14	4:34
Wechsel S -> R	-	5:28	-	3	2:54	26	3:19	0.70	23:27	33:30	3	1:48	20	7:00
Schwimmen Total	0.70	23:27	33:30	3	1:48	20	7:00	0.70	23:27	33:30	3	1:48	20	7:00
Rad netto	20.00	52:38	2:37	3	7:35	22	9:05	20.70	1:16:05	3:40	3	8:17	22	15:52
Wechsel R -> L	-	1:59	-	2	0:38	9	0:38	20.70	1:18:04	3:46	3	8:55	22	16:25
Rad Total	20.00	54:37	2:43	3	8:13	22	9:25	20.70	1:18:04	3:46	3	8:55	22	16:25
Lauf	5.00	29:57	5:59	3	5:08	22	9:15	25.70	1:48:01	4:12	3	14:03	22	23:16