



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Abram, Franziska

Total time: 47:26

Club: TV Brilon

Number: 3

Course: 6.24 km

Rank in course/Total: 15 (of 30)

Kindertriathlon (0,04-6,00-0,20)

Rank in course/Women: 8 (of 18)

Best time in course: 31:25

Category:

Rank in category: 1(of 5)

weibliche Schüler C (8+9 Jahre)

Best time in the category: 47:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.04	2:41	67:04	2	0:45	14	1:04	0.04	2:41	67:04	2	0:45	14	1:04
Wechsel S -> R	-	3:28	-	5	0:45	18	1:08	0.04	6:09	153:45	5	1:20	18	1:58
Schwimmen Total	0.04	6:09	153:45	5	1:20	18	1:58	0.04	6:09	153:45	5	1:20	18	1:58
Rad netto	6.00	37:03	6:10	1	-	4	12:49	6.04	43:12	7:09	1	-	7	14:44
Wechsel R -> L	-	2:06	-	5	0:30	17	0:54	6.04	45:18	7:29	1	-	8	13:58
Rad Total	6.00	39:09	6:31	1	-	6	12:03	6.04	45:18	7:29	1	-	8	13:58
Lauf	0.20	2:08	10:39	5	0:31	18	2:03	6.24	47:26	7:36	1	-	8	16:01