



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Fermer, David

Total time: 1:49:42

Club: Köln

Number: 118

Course: 25.70 km

Rank in course/Total: 94 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 71 (of 83)

Best time in course: 1:09:12

Category:

Rank in category: 8(of 9)

Senioren 1 (40-44 Jahre)

Best time in the category: 1:11:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	15:56	22:45	5	3:49	24	5:19	0.70	15:56	22:45	5	3:49	25	15:56
Wechsel S -> R	-	6:24	-	9	4:27	76	4:41	0.70	22:20	31:54	7	7:38	55	22:20
Schwimmen Total	0.70	22:20	31:54	7	7:38	55	22:20	0.70	22:20	31:54	7	7:38	55	22:20
Rad netto	20.00	58:42	2:56	8	24:10	75	24:44	20.70	1:21:02	3:54	8	31:48	77	31:49
Wechsel R -> L	-	2:47	-	8	1:31	70	1:46	20.70	1:23:49	4:02	8	33:06	77	33:19
Rad Total	20.00	1:01:29	3:04	8	25:28	75	26:14	20.70	1:23:49	4:02	8	33:06	77	33:19
Lauf	5.00	25:53	5:10	8	5:57	58	8:23	25.70	1:49:42	4:16	8	38:32	71	40:30