



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Kemper, Christoph

Total time: 2:45:07

Club: Tri Sport Menden

Number: 365

Course: 55.40 km

Rank in course/Total: 11 (of 59)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 10 (of 47)

Best time in course: 2:22:22

Category:

Rank in category: 3(of 9)

Senioren 1 (40-44 Jahre)

Best time in the category: 2:35:21

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 1.40 | 28:29 | 20:20 | 4 | 2:20 | 16 | 6:05 | 1.40 | 28:29 | 20:20 | 4 | 2:20 | 16 | 6:05 |
| Wechsel S -> R | - | 4:22 | - | 6 | 2:10 | 32 | 2:30 | 1.40 | 32:51 | 23:27 | 6 | 4:30 | 19 | 8:12 |
| Schwimmen Total | 1.40 | 32:51 | 23:27 | 6 | 4:30 | 19 | 8:12 | 1.40 | 32:51 | 23:27 | 6 | 4:30 | 19 | 8:12 |
| Rad netto | 44.00 | 1:22:32 | 1:52 | 1 | - | 5 | 9:29 | 45.40 | 1:55:23 | 2:32 | 2 | 4:05 | 9 | 16:36 |
| Wechsel R -> L | - | 2:43 | - | 6 | 1:02 | 23 | 1:10 | 45.40 | 1:58:06 | 2:36 | 2 | 5:07 | 11 | 1:27:16 |
| Rad Total | 44.00 | 1:25:15 | 1:56 | 2 | 0:37 | 8 | 10:39 | 45.40 | 1:58:06 | 2:36 | 2 | 5:07 | 11 | 1:27:16 |
| Lauf | 10.00 | 47:01 | 4:42 | 4 | 4:39 | 16 | 6:18 | 55.40 | 2:45:07 | 2:58 | 3 | 9:46 | 10 | 22:45 |