



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Krumbholz, Markus

Total time: 2:55:37

Club: TSV Hochdahl

Number: 342

Course: 55.40 km

Rank in course/Total: 23 (of 59)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 20 (of 47)

Best time in course: 2:22:22

Category:

Rank in category: 2(of 5)

Senioren 3 (50-54 Jahre)

Best time in the category: 2:32:07

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 1.40 | 36:04 | 25:45 | 5 | 9:40 | 42 | 13:40 | 1.40 | 36:04 | 25:45 | 5 | 9:40 | 42 | 13:40 |
| Wechsel S -> R | - | 3:08 | - | 2 | 0:59 | 13 | 1:16 | 1.40 | 39:12 | 28:00 | 4 | 10:39 | 36 | 14:33 |
| Schwimmen Total | 1.40 | 39:12 | 28:00 | 4 | 10:39 | 36 | 14:33 | 1.40 | 39:12 | 28:00 | 4 | 10:39 | 36 | 14:33 |
| Rad netto | 44.00 | 1:28:38 | 2:00 | 3 | 10:45 | 14 | 15:35 | 45.40 | 2:07:50 | 2:48 | 4 | 21:24 | 28 | 29:03 |
| Wechsel R -> L | - | 2:11 | - | 2 | 0:28 | 11 | 0:38 | 45.40 | 2:10:01 | 2:51 | 3 | 21:52 | 27 | 1:39:11 |
| Rad Total | 44.00 | 1:30:49 | 2:03 | 3 | 11:13 | 14 | 16:13 | 45.40 | 2:10:01 | 2:51 | 3 | 21:52 | 27 | 1:39:11 |
| Lauf | 10.00 | 45:36 | 4:33 | 2 | 1:38 | 12 | 4:53 | 55.40 | 2:55:37 | 3:10 | 2 | 23:30 | 20 | 33:15 |