



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Budde, Silja

Total time: 52:09

Club: TSV Rüthen

Number: 16

Course: 6.24 km

Rank in course/Total: 19 (of 30)

Kindertriathlon (0,04-6,00-0,20)

Rank in course/Women: 11 (of 18)

Best time in course: 31:25

Category:

Rank in category: 2(of 4)

weibliche Schüler B (10+11 Jahre)

Best time in the category: 47:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.04	2:07	52:54	2	0:04	9	0:30	0.04	2:07	52:54	2	0:04	9	0:30
Wechsel S -> R	-	2:51	-	3	0:28	12	0:31	0.04	4:58	124:10	3	0:08	12	0:47
Schwimmen Total	0.04	4:58	124:10	3	0:08	12	0:47	0.04	4:58	124:10	3	0:08	12	0:47
Rad netto	6.00	43:50	7:18	2	3:42	11	19:36	6.04	48:48	8:04	2	3:50	11	20:20
Wechsel R -> L	-	1:26	-	2	0:11	8	0:14	6.04	50:14	8:19	2	4:01	11	18:54
Rad Total	6.00	45:16	7:32	2	3:53	11	18:10	6.04	50:14	8:19	2	4:01	11	18:54
Lauf	0.20	1:55	9:35	4	0:15	16	1:50	6.24	52:09	8:21	2	4:16	11	20:44