



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Stolte, Wolfgang

Total time: 3:09:24

Club: TRIlandertaler ME-Sport

Number: 319

Course: 55.40 km

Rank in course/Total: 36 (of 59)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 32 (of 47)

Best time in course: 2:22:22

Category:

Rank in category: 5(of 6)

Senioren 4 (55-59 Jahre)

Best time in the category: 2:35:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	1.40	31:07	22:13	5	5:54	31	8:43	1.40	31:07	22:13	5	5:54	31	8:43	
Wechsel S -> R	-	5:09	-	4	2:54	39	3:17	1.40	36:16	25:54	6	8:48	32	11:37	
Schwimmen Total	1.40	36:16	25:54	6	8:48	32	11:37	1.40	36:16	25:54	6	8:48	32	11:37	
Rad netto	44.00	1:38:59	2:14	5	16:14	37	25:56	45.40	2:15:15	2:58	6	25:02	34	36:28	
Wechsel R -> L	-	2:10	-	2	0:18	10	0:37	45.40	2:17:25	3:01	5	1:46:35	32	1:46:35	
Rad Total	44.00	1:41:09	2:17	4	16:32	36	26:33	45.40	2:17:25	3:01	5	1:46:35	32	1:46:35	
Lauf	10.00	51:59	5:11	3	8:43	30	11:16	55.40	3:09:24	3:25	5	33:33	32	47:02	