



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Böhnke, Jürgen

Total time: 3:17:58

Club: LG Deiringsen

Number: 328

Course: 55.40 km

Rank in course/Total: 47 (of 59)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 40 (of 47)

Best time in course: 2:22:22

Category:

Rank in category: 11(of 13)

Senioren 2 (45-49 Jahre)

Best time in the category: 2:29:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	41:09	29:23	12	16:15	46	18:45	1.40	41:09	29:23	12	16:15	46	18:45
Wechsel S -> R	-	4:54	-	10	2:39	36	3:02	1.40	46:03	32:53	12	18:38	46	21:24
Schwimmen Total	1.40	46:03	32:53	12	18:38	46	21:24	1.40	46:03	32:53	12	18:38	46	21:24
Rad netto	44.00	1:39:23	2:15	12	22:16	41	26:20	45.40	2:25:26	3:12	13	40:35	45	46:39
Wechsel R -> L	-	3:52	-	12	2:13	41	2:19	45.40	2:29:18	3:17	13	42:13	45	1:58:28
Rad Total	44.00	1:43:15	2:20	12	23:54	39	28:39	45.40	2:29:18	3:17	13	42:13	45	1:58:28
Lauf	10.00	48:40	4:51	5	7:57	22	7:57	55.40	3:17:58	3:34	11	48:16	40	55:36