



# 9. ITH Hennesee Triathlon

Meschede / 18.06.2016

## Detailed evaluation

**Mertesdorf, Michael**

**Total time: 3:19:53**

Club: TCEC Mainz

Number: 325

Course: 55.40 km

Rank in course/Total: 48 (of 59)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 41 (of 47)

Best time in course: 2:22:22

Category:

Rank in category: 12(of 13)

Senioren 2 (45-49 Jahre)

Best time in the category: 2:29:42

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	1.40	31:44	22:40	8	6:50	32	9:20	1.40	31:44	22:40	8	6:50	32	9:20	
Wechsel S -> R	-	5:34	-	12	3:19	41	3:42	1.40	37:18	26:38	8	9:53	33	12:39	
Schwimmen Total	1.40	37:18	26:38	8	9:53	33	12:39	1.40	37:18	26:38	8	9:53	33	12:39	
Rad netto	44.00	1:42:08	2:19	13	25:01	43	29:05	45.40	2:19:26	3:04	11	34:35	39	40:39	
Wechsel R -> L	-	5:29	-	13	3:50	46	3:56	45.40	2:24:55	3:11	11	37:50	40	1:54:05	
Rad Total	44.00	1:47:37	2:26	13	28:16	43	33:01	45.40	2:24:55	3:11	11	37:50	40	1:54:05	
Lauf	10.00	54:58	5:29	11	14:15	38	14:15	55.40	3:19:53	3:36	12	50:11	41	57:31	