



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Volkmann, Tim

Total time: 3:23:26

Number: 362

Course: 55.40 km

Rank in course/Total: 49 (of 59)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 42 (of 47)

Best time in course: 2:22:22

Category:

Rank in category: 6(of 6)

AK4 männlich (35-39 Jahre)

Best time in the category: 2:50:37

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	37:59	27:07	6	11:05	43	15:35	1.40	37:59	27:07	6	11:05	43	15:35
Wechsel S -> R	-	4:21	-	5	0:55	31	2:29	1.40	42:20	30:14	6	12:00	43	17:41
Schwimmen Total	1.40	42:20	30:14	6	12:00	43	17:41	1.40	42:20	30:14	6	12:00	43	17:41
Rad netto	44.00	1:41:01	2:17	5	11:21	42	27:58	45.40	2:23:21	3:09	6	22:33	43	44:34
Wechsel R -> L	-	2:47	-	5	0:42	26	1:14	45.40	2:26:08	3:13	6	23:15	42	1:55:18
Rad Total	44.00	1:43:48	2:21	5	11:27	41	29:12	45.40	2:26:08	3:13	6	23:15	42	1:55:18
Lauf	10.00	57:18	5:43	6	11:08	40	16:35	55.40	3:23:26	3:40	6	32:49	42	1:01:04