



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Abebe, Sara

Total time: 3:31:56

Number: 358

Course: 55.40 km

Rank in course/Total: 54 (of 59)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Women: 10 (of 12)

Best time in course: 2:38:58

Category:

Rank in category: 2(of 2)

AK2 weiblich (25-29 Jahre)

Best time in the category: 2:38:58

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	1.40	34:15	24:27	2	9:23	10	9:23	1.40	34:15	24:27	2	9:23	10	9:23
Wechsel S -> R	-	3:38	-	2	1:18	4	1:18	1.40	37:53	27:03	2	10:41	9	10:41
Schwimmen Total	1.40	37:53	27:03	2	10:41	9	10:41	1.40	37:53	27:03	2	10:41	9	10:41
Rad netto	44.00	1:48:24	2:27	2	24:16	9	24:16	45.40	2:26:17	3:13	2	34:57	8	34:57
Wechsel R -> L	-	2:47	-	2	0:54	6	0:59	45.40	2:29:04	3:17	2	35:51	8	35:51
Rad Total	44.00	1:51:11	2:31	2	25:10	9	25:10	45.40	2:29:04	3:17	2	35:51	8	35:51
Lauf	10.00	1:02:52	6:17	2	17:07	10	17:07	55.40	3:31:56	3:49	2	52:58	10	52:58