



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Stark, Oliver

Total time: 3:30:38

Club: TSV Aue-Wingeshausen

Number: 316

Course: 55.40 km

Rank in course/Total: 53 (of 59)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 44 (of 47)

Best time in course: 2:22:22

Category:

Rank in category: 8(of 9)

Senioren 1 (40-44 Jahre)

Best time in the category: 2:35:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.40	33:08	23:40	7	6:59	35	10:44	1.40	33:08	23:40	7	6:59	35	10:44
Wechsel S -> R	-	4:56	-	7	2:44	37	3:04	1.40	38:04	27:11	7	9:43	35	13:25
Schwimmen Total	1.40	38:04	27:11	7	9:43	35	13:25	1.40	38:04	27:11	7	9:43	35	13:25
Rad netto	44.00	1:39:14	2:15	8	16:42	40	26:11	45.40	2:17:18	3:01	7	26:00	38	38:31
Wechsel R -> L	-	3:14	-	9	1:33	36	1:41	45.40	2:20:32	3:05	7	27:33	38	1:49:42
Rad Total	44.00	1:42:28	2:19	8	17:50	38	27:52	45.40	2:20:32	3:05	7	27:33	38	1:49:42
Lauf	10.00	1:10:06	7:00	8	27:44	44	29:23	55.40	3:30:38	3:48	8	55:17	44	1:08:16