



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Mucha, Lukas

Total time: 4:10:44

Number: 338

Course: 55.40 km

Rank in course/Total: 59 (of 59)

Olympische Distanz (1,40-44,00-10,00)

Rank in course/Men: 47 (of 47)

Best time in course: 2:22:22

Category:

Rank in category: 9(of 9)

Senioren 1 (40-44 Jahre)

Best time in the category: 2:35:21

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 1.40 | 35:56 | 25:39 | 8 | 9:47 | 39 | 13:32 | 1.40 | 35:56 | 25:39 | 8 | 9:47 | 39 | 13:32 |
| Wechsel S -> R | - | 5:16 | - | 8 | 3:04 | 40 | 3:24 | 1.40 | 41:12 | 29:25 | 8 | 12:51 | 41 | 16:33 |
| Schwimmen Total | 1.40 | 41:12 | 29:25 | 8 | 12:51 | 41 | 16:33 | 1.40 | 41:12 | 29:25 | 8 | 12:51 | 41 | 16:33 |
| Rad netto | 44.00 | 2:10:01 | 2:57 | 9 | 47:29 | 47 | 56:58 | 45.40 | 2:51:13 | 3:46 | 9 | 59:55 | 47 | 1:12:26 |
| Wechsel R -> L | - | 3:11 | - | 7 | 1:30 | 32 | 1:38 | 45.40 | 2:54:24 | 3:50 | 9 | 1:01:25 | 47 | 2:23:34 |
| Rad Total | 44.00 | 2:13:12 | 3:01 | 9 | 48:34 | 46 | 58:36 | 45.40 | 2:54:24 | 3:50 | 9 | 1:01:25 | 47 | 2:23:34 |
| Lauf | 10.00 | 1:16:20 | 7:37 | 9 | 33:58 | 46 | 35:37 | 55.40 | 4:10:44 | 4:31 | 9 | 1:35:23 | 47 | 1:48:22 |