



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Schrewe, Lara

Total time: 53:40

Club: TSV Rüthen

Number: 23

Course: 6.24 km

Rank in course/Total: 22 (of 30)

Kindertriathlon (0,04-6,00-0,20)

Rank in course/Women: 13 (of 18)

Best time in course: 31:25

Category:

Rank in category: 6(of 6)

weibliche Schüler A (12+13 Jahre)

Best time in the category: 44:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women
								km	Time	min/km	Pos	Behind	Pos				
Schwimmen nett	0.04	2:33	63:44	6	0:56	13	0:56	0.04	2:33	63:44	6	0:56	13	0:56			
Wechsel S -> R	-	2:58	-	6	0:38	17	0:38	0.04	5:31	137:54	6	1:20	13	1:20			
Schwimmen Total	0.04	5:31	137:54	6	1:20	13	1:20	0.04	5:31	137:54	6	1:20	13	1:20			
Rad netto	6.00	44:50	7:28	6	7:40	13	20:36	6.04	50:21	8:20	6	8:59	13	21:53			
Wechsel R -> L	-	1:22	-	2	0:10	5	0:10	6.04	51:43	8:33	6	9:09	13	20:23			
Rad Total	6.00	46:12	7:42	6	7:49	13	19:06	6.04	51:43	8:33	6	9:09	13	20:23			
Lauf	0.20	1:57	9:45	6	0:29	17	1:52	6.24	53:40	8:36	6	9:38	13	22:15			