



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Hoffmann, Markus

Total time: 1:12:35

Club: 1. Tri-Club Paderborn

Number: 209

Course: 25.70 km

Rank in course/Total: 4 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 4 (of 83)

Best time in course: 1:09:12

Category:

Rank in category: 1(of 9)

AK2 männlich (25-29 Jahre)

Best time in the category: 1:12:35

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	10:37	15:10	1	-	1	-	0.70	10:37	15:10	1	-	2	10:37
Wechsel S -> R	-	2:03	-	2	0:20	5	0:20	0.70	12:40	18:05	1	-	2	12:40
Schwimmen Total	0.70	12:40	18:05	1	-	2	12:40	0.70	12:40	18:05	1	-	2	12:40
Rad netto	20.00	37:26	1:52	1	-	7	3:28	20.70	50:06	2:25	1	-	3	0:53
Wechsel R -> L	-	1:22	-	2	0:01	7	0:21	20.70	51:28	2:29	1	-	3	0:58
Rad Total	20.00	38:48	1:56	1	-	7	3:33	20.70	51:28	2:29	1	-	3	0:58
Lauf	5.00	21:07	4:13	2	0:59	13	3:37	25.70	1:12:35	2:49	1	-	4	3:23