



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Braukmann, Klara

Total time: 40:55

Club: LAC Veltins Hochsauerland

Number: 32

Course: 6.24 km

Rank in course/Total: 4 (of 30)

Kindertriathlon (0,04-6,00-0,20)

Rank in course/Women: 2 (of 18)

Best time in course: 31:25

Category:

Rank in category: 2(of 3)

weibliche Jugend B (14+15 Jahre)

Best time in the category: 31:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.04	2:17	57:04	3	0:29	11	0:40	0.04	2:17	57:04	3	0:29	11	0:40
Wechsel S -> R	-	2:27	-	2	0:01	4	0:07	0.04	4:44	118:19	3	0:30	8	0:33
Schwimmen Total	0.04	4:44	118:19	3	0:30	8	0:33	0.04	4:44	118:19	3	0:30	8	0:33
Rad netto	6.00	33:26	5:34	2	9:12	2	9:12	6.04	38:10	6:19	2	9:42	2	9:42
Wechsel R -> L	-	1:13	-	1	-	2	0:01	6.04	39:23	6:31	2	8:03	2	8:03
Rad Total	6.00	34:39	5:46	2	7:33	2	7:33	6.04	39:23	6:31	2	8:03	2	8:03
Lauf	0.20	1:32	7:40	2	1:27	3	1:27	6.24	40:55	6:33	2	9:30	2	9:30