



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Superbolts 1

Club: Superbolts 1

Number: 38

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:20:18

Rank in course/Total: 6 (of 18)

Rank in course/Total: 6 (of 18)

Best time in course: 1:03:19

Rank in category: 6(of 18)

Best time in the category: 1:03:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.70	16:05	22:58	12	4:23	12	4:23	0.70	16:05	22:58	12	4:23	12	4:23
Wechsel S -> R	-	2:07	-	9	0:35	9	0:35	0.70	18:12	26:00	11	4:58	11	4:58
Schwimmen Total	0.70	18:12	26:00	11	4:58	11	4:58	0.70	18:12	26:00	11	4:58	11	4:58
Rad netto	20.00	41:57	2:05	11	10:20	11	10:20	20.70	1:00:09	2:54	10	15:18	10	15:18
Wechsel R -> L	-	1:24	-	5	0:13	5	0:13	20.70	1:01:33	2:58	9	15:31	9	15:31
Rad Total	20.00	43:21	2:10	11	10:33	11	10:33	20.70	1:01:33	2:58	9	15:31	9	15:31
Lauf	5.00	18:45	3:45	2	1:28	2	1:28	25.70	1:20:18	3:07	6	16:59	6	16:59