



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Röspel, Tobias

Total time: 1:21:47

Club: Hagen

Number: 202

Course: 25.70 km

Rank in course/Total: 14 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 14 (of 83)

Best time in course: 1:09:12

Category:

Rank in category: 1(of 2)

männliche Jugend A (16+17 Jahre)

Best time in the category: 1:21:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	14:32	20:45	1	-	14	3:55	0.70	14:32	20:45	2	14:32	15	14:32
Wechsel S -> R	-	4:06	-	2	1:57	57	2:23	0.70	18:38	26:37	2	18:38	23	18:38
Schwimmen Total	0.70	18:38	26:37	2	18:38	23	18:38	0.70	18:38	26:37	2	18:38	23	18:38
Rad netto	20.00	41:19	2:03	1	-	29	7:21	20.70	59:57	2:53	1	-	22	10:44
Wechsel R -> L	-	1:17	-	1	-	3	0:16	20.70	1:01:14	2:57	1	-	21	10:44
Rad Total	20.00	42:36	2:07	1	-	26	7:21	20.70	1:01:14	2:57	1	-	21	10:44
Lauf	5.00	20:33	4:06	1	-	8	3:03	25.70	1:21:47	3:10	1	-	14	12:35