



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Kleine, Johannes

Club: SV Brenken

Number: 104

Course: 25.70 km

Volksdistanz (0,70-20,00-5,00)

Category:

Senioren 4 (55-59 Jahre)

Total time: 1:23:33

Rank in course/Total: 21 (of 109)

Rank in course/Men: 21 (of 83)

Best time in course: 1:09:12

Rank in category: 3(of 8)

Best time in the category: 1:15:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	15:59	22:49	3	0:55	25	5:22	0.70	15:59	22:49	3	0:55	26	15:59
Wechsel S -> R	-	3:14	-	5	1:02	38	1:31	0.70	19:13	27:27	3	1:30	24	19:13
Schwimmen Total	0.70	19:13	27:27	3	1:30	24	19:13	0.70	19:13	27:27	3	1:30	24	19:13
Rad netto	20.00	40:54	2:02	3	4:28	26	6:56	20.70	1:00:07	2:54	3	5:58	23	10:54
Wechsel R -> L	-	1:46	-	5	0:25	30	0:45	20.70	1:01:53	2:59	3	6:23	22	11:23
Rad Total	20.00	42:40	2:07	3	4:53	27	7:25	20.70	1:01:53	2:59	3	6:23	22	11:23
Lauf	5.00	21:40	4:20	3	1:44	18	4:10	25.70	1:23:33	3:15	3	8:07	21	14:21