



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Weber, Dieter

Total time: 1:24:39

Club: PSV Brilon

Number: 173

Course: 25.70 km

Rank in course/Total: 26 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 26 (of 83)

Best time in course: 1:09:12

Category:

Rank in category: 5(of 20)

Senioren 3 (50-54 Jahre)

Best time in the category: 1:10:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	17:52	25:31	10	4:49	43	7:15	0.70	17:52	25:31	10	4:49	44	17:52
Wechsel S -> R	-	3:04	-	6	0:52	33	1:21	0.70	20:56	29:54	10	5:41	44	20:56
Schwimmen Total	0.70	20:56	29:54	10	5:41	44	20:56	0.70	20:56	29:54	10	5:41	44	20:56
Rad netto	20.00	38:49	1:56	4	4:51	16	4:51	20.70	59:45	2:53	5	10:32	21	10:32
Wechsel R -> L	-	2:26	-	10	1:09	57	1:25	20.70	1:02:11	3:00	5	11:41	23	11:41
Rad Total	20.00	41:15	2:03	4	6:00	17	6:00	20.70	1:02:11	3:00	5	11:41	23	11:41
Lauf	5.00	22:28	4:29	3	2:39	22	4:58	25.70	1:24:39	3:17	5	14:20	26	15:27