



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Reinker, Jürgen

Club: LC Wiedenbrück

Number: 152

Course: 25.70 km

Volksdistanz (0,70-20,00-5,00)

Category:

Senioren 3 (50-54 Jahre)

Total time: 1:23:57

Rank in course/Total: 23 (of 109)

Rank in course/Men: 23 (of 83)

Best time in course: 1:09:12

Rank in category: 4(of 20)

Best time in the category: 1:10:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	14:36	20:51	3	1:33	15	3:59	0.70	14:36	20:51	3	1:33	16	14:36
Wechsel S -> R	-	2:28	-	2	0:16	14	0:45	0.70	17:04	24:22	3	1:49	15	17:04
Schwimmen Total	0.70	17:04	24:22	3	1:49	15	17:04	0.70	17:04	24:22	3	1:49	15	17:04
Rad netto	20.00	39:29	1:58	5	5:31	19	5:31	20.70	56:33	2:43	2	7:20	12	7:20
Wechsel R -> L	-	2:49	-	19	1:32	73	1:48	20.70	59:22	2:52	3	8:52	15	8:52
Rad Total	20.00	42:18	2:06	6	7:03	22	7:03	20.70	59:22	2:52	3	8:52	15	8:52
Lauf	5.00	24:35	4:54	11	4:46	48	7:05	25.70	1:23:57	3:15	4	13:38	23	14:45