



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

mimamo

Total time: 1:26:14

Club: mimamo

Number: 53

Course: 25.70 km

Rank in course/Total: 11 (of 18)

Volksdistanz Staffel (0,70-20,00-5,00)

Rank in course/Total: 11 (of 18)

Best time in course: 1:03:19

Category:

Rank in category: 11(of 18)

Staffel

Best time in the category: 1:03:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.70	17:07	24:27	13	5:25	13	5:25	0.70	17:07	24:27	13	5:25	13	5:25
Wechsel S -> R	-	2:13	-	12	0:41	12	0:41	0.70	19:20	27:37	13	6:06	13	6:06
Schwimmen Total	0.70	19:20	27:37	13	6:06	13	6:06	0.70	19:20	27:37	13	6:06	13	6:06
Rad netto	20.00	40:49	2:02	9	9:12	9	9:12	20.70	1:00:09	2:54	10	15:18	10	15:18
Wechsel R -> L	-	1:37	-	12	0:26	12	0:26	20.70	1:01:46	2:59	10	15:44	10	15:44
Rad Total	20.00	42:26	2:07	9	9:38	9	9:38	20.70	1:01:46	2:59	10	15:44	10	15:44
Lauf	5.00	24:28	4:53	11	7:11	11	7:11	25.70	1:26:14	3:21	11	22:55	11	22:55