



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Riepelmeier, Ulrich

Total time: 1:26:40

Club: Köln

Number: 120

Course: 25.70 km

Rank in course/Total: 29 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 28 (of 83)

Best time in course: 1:09:12

Category:

Rank in category: 7(of 20)

Senioren 3 (50-54 Jahre)

Best time in the category: 1:10:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	16:20	23:19	7	3:17	32	5:43	0.70	16:20	23:19	7	3:17	33	16:20
Wechsel S -> R	-	3:46	-	14	1:34	50	2:03	0.70	20:06	28:42	7	4:51	35	20:06
Schwimmen Total	0.70	20:06	28:42	7	4:51	35	20:06	0.70	20:06	28:42	7	4:51	35	20:06
Rad netto	20.00	40:54	2:02	8	6:56	26	6:56	20.70	1:01:00	2:56	7	11:47	27	11:47
Wechsel R -> L	-	2:48	-	18	1:31	72	1:47	20.70	1:03:48	3:04	7	13:18	31	13:18
Rad Total	20.00	43:42	2:11	9	8:27	31	8:27	20.70	1:03:48	3:04	7	13:18	31	13:18
Lauf	5.00	22:52	4:34	4	3:03	26	5:22	25.70	1:26:40	3:22	7	16:21	28	17:28