



9. ITH Hennesee Triathlon

Meschede / 18.06.2016

Detailed evaluation

Stipp, Thomas

Total time: 1:29:11

Club: kein Verein

Number: 132

Course: 25.70 km

Rank in course/Total: 39 (of 109)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 35 (of 83)

Best time in course: 1:09:12

Category:

Rank in category: 1(of 6)

AK4 männlich (35-39 Jahre)

Best time in the category: 1:29:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	17:01	24:18	2	0:53	35	6:24	0.70	17:01	24:18	2	0:53	36	17:01
Wechsel S -> R	-	2:51	-	1	-	29	1:08	0.70	19:52	28:22	1	-	31	19:52
Schwimmen Total	0.70	19:52	28:22	1	-	31	19:52	0.70	19:52	28:22	1	-	31	19:52
Rad netto	20.00	42:04	2:06	1	-	34	8:06	20.70	1:01:56	2:59	1	-	30	12:43
Wechsel R -> L	-	1:48	-	2	0:21	32	0:47	20.70	1:03:44	3:04	1	-	30	13:14
Rad Total	20.00	43:52	2:11	1	-	32	8:37	20.70	1:03:44	3:04	1	-	30	13:14
Lauf	5.00	25:27	5:05	2	2:32	54	7:57	25.70	1:29:11	3:28	1	-	35	19:59